

Hillsboro U 2025

Class Title	Time	Room	Instructor	Description	Who Should Attend	CEs
Tuesday February 11, 2025						
Confined Space Entrant, Attendant, Entry Supervisor and Rescue	8:00am – 4:00pm	Public Works Operations	Greg McDonald, Ritz Safety	Learn how to identify, assess, and control confined space hazards, including the use of the gas detectors and rescue retrieval equipment. Then learn how to rescue an entrant from a confined space without entering the space.	All employees who perform confined space entry.	0.7 DWP/WW (OESACID 4713)
Ergonomics Aware: The Human Factor	10:00am – 11:00am	Civic Center C431	Aubrey Kintz, City of Hillsboro	Is work a pain in your...? Don't get bent out of shape! Often relegated to stress, you may have more efficacy and control over those aches than you think. Learn how to assess and set up your own workspace for maximum comfort and injury prevention. According to the National Institutes of Health, even small adjustments can lead to big improvements in comfort and productivity.	All employees	0.1 DWP/WW

				<p>Not experiencing any discomfort? Perfect! Now is the time to increase awareness and enact best practices to ensure continued wellbeing and mobility. After all, Cumulative Trauma Disorders, Repetitive Strain Injuries, and Musculoskeletal Disorders don't just impact you at work. Be the safest, healthiest version <i>of you for you!</i></p> <p>Good Form. Good Function. Good <i>Health</i>.</p>		
Bloodborne Pathogens Training	1:00pm-2:00pm	Civic Center 113 B/C	Tana Quin, Occupational Safety Health and Wellness, LLC	Employees will learn the dangers of Bloodborne Pathogens, preventative practices, and post-exposure procedures to follow if an occupational exposure occurs.	Employees who have a reasonable anticipation of contact with blood or other potentially infectious materials because of performing designated job duties.	0.1 DWP/WW
Hand and Power Tool Safety	1:00pm – 2:00pm	Civic Center C431	Greg Hole	This Hand and Power Tool Safety Training course is designed to	Open to all employees, particularly those	0.1 DWP/WW

				<p>equip participants with the knowledge and skills needed to safely operate, maintain, and handle various types of hand and power tools. Recognizing that improper use of tools is a leading cause of workplace injuries, this course emphasizes hazard awareness, injury prevention techniques, and best practices for tool operation.</p> <p>Participants will learn about different types of hand and power tools, how to identify potential risks, and the importance of personal protective equipment (PPE). The course will cover topics such as tool selection, inspection, maintenance, and safe handling practices, along with emergency procedures and reporting practices for accidents or tool malfunctions.</p>	that use hand and power tools in their duties.	
HMAPS / GIS for Water	2:00pm – 3:00pm	Civic Center 334	Greg Hooper / Trevor Oatts	Come learn about the new and improved HMAPS applications for Water. If	For Water department	0.1 DWP

				you haven't had an opportunity to take a tour through the new HMAPS apps yet, or you have burning HMAPS questions, this session is for you!	employees using HMAPS	
Wednesday, February 12, 2025						
Ladders and Fall Protection	8:00am – 12:00pm	Civic Center 113 B/C	Greg Hoole	<p>Fall protection training consist of the following topics.</p> <ul style="list-style-type: none"> • Duty to have fall protection. • Fall restraint systems. Fall arrest systems. Guard Rails. • Inspection, storage and maintenance of all systems. <ul style="list-style-type: none"> • Competent -vs- Qualified Person. • Walking Working Surfaces. • Proper ladder set up. • Trigger heights and fall calculations. • Fall Protection Plans. <p>Each person attending fall protection training will take an information only pre-test to assess the knowledge they already</p>	Recommended for all employees who work at elevations that require ladders or fall protection equipment.	0.4 DWP/WW

				have. We will also inspect and fit test the personal fall protection systems they are expected to use as well as go over specific fall hazards that employees are exposed to at their facility		
Hearing Conservation	8:30am – 9:30am	Hidden Creek Tualatin Classroom	Dr. Kathleen Mawson, Pacific University	<p>Following this course, learners will be able to describe the importance of hearing conservation for long-term health, work productivity, and communication.</p> <p>Supervisors will be able to determine what employees must participate in an annual screening program.</p> <p>Participants will be trained on different hearing protection options and how to properly insert the devices for maximum protection. Handouts will include safe listening levels, OSHA requirements, and disposable hearing protection</p>	Open to all employees	0.1 DWP/WW

Electrical Safety and Lockout Tagout	1:00pm – 4:00pm	Civic Center 113 b/c	Greg Hoole	OSHA established the Lock Out/Tag Out standard to prevent injuries to employees due to unexpected energization or start-up of machines or equipment. This course outlines practices to disable machinery and prevent hazardous energy release during maintenance and servicing activities, ensuring safety and preventing potential hazards.	Open to all employees who have this training as a requirement of their roles.	0.3 DWP/WW
HMAPS / GIS for Public Works	1:00pm – 2:00pm	Hidden Creek Tualatin Classroom	Greg Hooper / Trevor Oatts	Come learn about the new and improved HMAPS applications for Public Works. If you haven't had an opportunity to take a tour through the new HMAPS apps yet, or you have burning HMAPS questions, this session is for you!	For Public Works employees using HMAPS	0.1 WW
Thursday, February 13, 2025						
Hang Up and Drive	9:00am – 10:00am	Civic Center Auditorium	Jacy Good and Steve Johnson	In the Hang Up and Drive presentation, Jacy Good and Steve Johnson share their tragic and inspiring story of how a distracted driver changed Jacy's life	All employee	0.1 DWP/WW

				<p>forever and how they've used that experience to change the behaviors of drivers around the world.</p> <p>With training from the National Safety Council to talk about the issue in an accessible, relatable way, they've shared their personal story and information around the distracted driving issue – and most importantly, what individuals and companies can do to remain safe – at over 1,700 audiences since 2011.</p>		
Bloodborne Pathogens Training	11:00am – 12:00pm	Civic Center 113 B/C	Tana Quin, Occupational Safety Health and Wellness, LLC	Employees will learn the dangers of Bloodborne Pathogens, preventative practices, and post-exposure procedures to follow if an occupational exposure occurs.	Employees who have a reasonable anticipation of contact with blood or other potentially infectious materials because of performing designated job duties.	0.1 DWP/WW
Verbal De-Escalation / Non-	1:00pm – 2:00pm	Civic Center Auditorium	Tom Wilder, CISA	A facilitated discussion covering threat trends, personal security measures, "The Power of	All employees	0.1 DWP/WW

Confrontational Techniques				Hello,” and how to recognize, assess, de-escalate and report a challenging encounter.		
Don't Take this Personally, Take it VERY Personally	2:15pm – 3:15pm	Civic Center Auditorium	Mike Hourigan	<p>Get your team thinking “Safety First” before another day goes by!</p> <p>Here are only a few the many takeaways you can expect:</p> <ul style="list-style-type: none"> • Everyone will understand how safety impacts the company overall • Reducing competitiveness with the concept of “Teamship” • Ways to reward pro-active Safety initiatives • The importance of paperwork and documentation <p>Getting new hires (and those set-in-their-ways) on the Safety Team!</p>	All employees	0.1 DWP/WW
Riding the Waves Without Getting Wet:	3:30pm – 4:30pm	Civic Center Auditorium	Mike Hourigan	Mike Hourigan’s program, Riding the Waves Without Getting	All employees	0.1 DWP/WW

Surviving and Thriving in an Ever-Changing World				<p>Wet, delivers strategies for managing change in organizations swirling in the turbulent waters of change. Discover what you can do to manage change internally as an individual and externally as a leader. Change often creates new possibilities. Learn how to position yourself during workplace and industry transformations so that you'll be ready when opportunity knocks.</p> <p>During this presentation, you will:</p> <ul style="list-style-type: none"> • Gain an understanding of your organization's stages of change • Find out what most employees really fear about change • Acquire four positioning strategies to help 		
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				<p>you excel during change</p> <ul style="list-style-type: none"> • See how to get through change faster and with less angst <p>When you leave the program, you will be able to recognize, predict, and plan for change. You will become a more adaptable professional and succeed through change rather than dread it.</p>		
Friday, February 14, 2025						
Ergonomics Aware: The Human Factor	10:30am – 11:30am	Civic Center C431	Aubrey Kintz, City of Hillsboro	<p>Is work a pain in your...? Don't get bent out of shape! Often relegated to stress, you may have more efficacy and control over those aches than you think. Learn how to assess and set up your own workspace for maximum comfort and injury prevention. According to the National Institutes of Health, even small adjustments can lead to big improvements in comfort and productivity.</p>	All employees	0.1 DWP/WW

				<p>Not experiencing any discomfort? Perfect! Now is the time to increase awareness and enact best practices to ensure continued wellbeing and mobility. After all, Cumulative Trauma Disorders, Repetitive Strain Injuries, and Musculoskeletal Disorders don't just impact you at work. Be the safest, healthiest version <i>of you for you!</i></p> <p>Good Form. Good Function. Good <i>Health</i>.</p>		
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Instructor Bios.

Aubrey Kintz, City of Hillsboro

Aubrey Kintz has been trained in ergonomics. She is an ergonomics advocate actively integrating ergonomic best practices into daily operations, ensuring a comfortable and safe work environment for all team members. From ergonomic assessments to recommending adaptive equipment, Aubrey is dedicated to minimizing workplace strain and enhancing employee well-being.

Tana Quinn, Occupational Safety Health and Wellness

Tana Quinn, RN has 14 years of nursing experience providing occupational health, communicable disease and wellness services. Tana graduated with an associate's degree from the Mt Hood Community College Nursing School Program in 2010 and then later a bachelor's degree from Oregon Health and Science University (OHSU) in 2016. She has been working at least part time directly in Employee/Occupational Health since starting her nursing career in 2010. Currently, Tana is the Director of Medical Services for Occupational Safety Health and Wellness, LLC (OSHW). She comes from a family dedicated to public service and is very passionate about supporting the many public agencies in her community and beyond through her work within OSHW. Tana enjoys spending time with her family, raising two amazing daughters, traveling, reading and playing soccer.

Greg Hole,

Certified Master Equipment Instructor. Fifteen years instruction experience in training customers and employees to meet OSHA Forklift and Aerial Lift Compliance

- ☐ American Heart Association Heartsaver First Aid, CPR & AED Instructor.
- ☐ Company Safety Officer.
- ☐ Qualified Fall Protection Instructor
- ☐ Qualified OSHA 10 and 30 Hour Construction Outreach Instructor
- ☐ Qualified OSHA 10 and 30 Hour General Industry Instructor
- ☐ Qualified Rigging and Signal Person Instructor.
- ☐ OSHA Construction Industry Specialist – Certificate
- ☐ OSHA General Industry Specialist – Certificate

Greg Hooper / Trevor OattsGreg Hooper

Greg Hooper has been working in the GIS field since 2009 and with the City of Hillsboro as an Information Systems Analyst in GIS since September 2023. He supports the City's GIS infrastructure as well as develops and maintains internal and external facing web mapping applications. He enjoys solving spatial data problems and helping to clarify the bigger picture that drives the City's decision making, policy developments and regulatory requirements. Greg earned a Bachelor of Arts in Geography from Humboldt State University and a Certificate in Geographic Information Systems from Central Oregon Community College.

Trevor Oatts

Trevor Oatts is a GIS Analyst at the City of Hillsboro in the Information Services Department . For the past 2 years Trevor has helped create internal and external GIS applications at the City of Hillsboro, as well as maintain data integrity and system architecture for the city. Previously he has worked for a variety of environmental, social justice and government entities which include the City of Columbus, FracTracker Alliance, and the Dolores Huerte Foundation. His strengths include spatial analysis, research, and data syntheses to inform decision makers. Trevor has a Bachelor of Science Degree in Audio Engineering and an Associate of Applied Science Degree in Geographic Information Systems.

Dr. Katy Mawson

Dr. Katy Mawson joined the Pacific University Pacific Ear Clinic in January 2024 as the Clinic Director. She is a Fellow and board certified by the American Academy of Audiology and the Academy of Doctors of Audiology. She is the current Portland-area representative on the board of the Oregon Academy of Audiology.

Jacy Good and Steve Johnson,

Jacy Good has been a guest on *The Oprah Winfrey Show*, at Maria Shriver's Women's Conference and of United Nations Secretary-General Ban Ki-Moon at his "Call to End the Global Epidemic of Distracted Driving." She has also been featured as a "Hero Among Us" in People Magazine and on CNN's *The Human Factor* among many dozens of other print and television profiles. A 2016 AT&T PSA starring Jacy went viral, with over 350 million

views across social media. Together, they have spoken at over 1,700 events in 44 states, Washington DC, Canada and Europe since 2011.

Tom Wilder, CISA

Mr. Wilder is the Cybersecurity and Infrastructure Security Agency (CISA) Protective Security Advisor for the Portland, Oregon metropolitan area. His primary responsibility is to serve as a critical infrastructure security specialist and to assist with local efforts to protect critical assets.

Mr. Wilder started with DHS/CISA in April 2016. He has conducted numerous infrastructure security assessments and facilitated many active shooter and bomb threat preparedness trainings.

Prior to his work with CISA, Mr. Wilder worked for the Federal Emergency Management Agency as an Emergency Response Planner. He was the lead federal planner for the Alaska Catastrophic Earthquake Response planning effort, deployed to six presidentially declared disasters, and assisted the governments of Mongolia and Ukraine with disaster response and infrastructure resilience planning.

Previously, Mr. Wilder served in the United States Navy as a Maritime Strike Warfare helicopter pilot, a Primary Flight Instructor, and as a Strategy, Policy and Plans officer. Mr. Wilder has a Bachelor of Science degree in Oceanography from the US Naval Academy and a Master of Arts degree in National Security and Strategic Studies from the US Naval War College.

Mike Hourigan,

Mike Hourigan, brings first-hand experience to this year's Hillsboro U. From humble beginnings on the factory floor, Mike worked in a steel mill, leather tannery, and wire shop. He also served as an inspector in a motor camper factory before he exchanged his hardhat for advanced studies and a sales career.

Working in dangerous, high-stress environments, Mike learned more about life that could ever be found in a hundred textbooks. He witnessed accidents with tragic consequences that could have been avoided in many cases. These unfortunate events inspired Mike to speak about safety, accident prevention and the benefits of a safe workplace.

Mike Hourigan's safety speaking portfolio contains three mining associations, nuclear power plants, shipyards, weapon system manufacturers, pulp and paper mills, chemical plants, pharmaceutical companies, and even the IRS. Mike is a former member of numerous safety organizations, including the International Association of Bomb Disposal Technicians and Investigators.

Living by his favorite expression, "Don't take safety personally... Take it very personally," Mike's mission is to help everyone in the workplace to get home safely. Even after years of wearing suits and speaking to more than 1,300 audiences, Mike remembers friendships with those he worked with under tough conditions and with those unfortunate enough to have life-altering accidents.

Mike lives in Charlotte, NC, and his client roster features Marriott, Disney, Volvo, GE, General Motors, MillerCoors, PwC, and ExxonMobil, just to name a few.